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### Oral Sedation Pre-Appointment Instructions

**Your Appointment is:** \_\_\_\_\_

**For your dental appointment, we ask that you:**

1. Do not eat for 12 hours prior to your treatment. Take the Halcion/Triazolam with a small amount of liquid. If you must take other medications that require food, do so. If you are diabetic, eat as needed. Taking the Halcion/Triazolam with too much food can make absorption into your system unpredictable. It is best you do not eat 12 hours prior to your appointment. Take the prescribed Halcion/Triazolam 45 minutes prior to your appointment.
2. Wear comfortable clothes and shoes.
3. Do not smoke 12 hours prior to your appointment.
4. Do not consume alcohol for 24 hours prior to your appointment.
5. Do not take St. John's Wort (Herbal supplement) for 7 days prior to your appointment.
6. Do not wear contact lenses the day of your appointment.
7. Ask your driver to remain at the office.
8. Please pay in advance or bring payment/check already made out for treatment. Checks or credit card charges should not be signed while under the influence of sedation medication. If a spouse or responsible party is present, they may pay on your behalf.
9. When you arrive home, we ask that you rest the remainder of the day. Do not make any financial decisions or purchases the day of treatment. Do not drive or operate machinery until the next day.